

Grand Area Mentoring • (435) 260-9646

Momentum

Overnight Raft Trip!

24 mentors and mentees are invited to join us for a two-day raft trip down the Colorado River, starting at Onion Creek. OARS will provide raft guides, food, shelter, and sleeping gear.



When: 8:30am September 30th to 4pm October 1st

Where: Our journey starts and ends at OARS, **2802 S. Hwy 191**; rafting will cover part of the Daily on the Colorado River

Who: Open to mentees of all ages, accompanied by mentors

How: Be prepared for warmer and cooler weather since this is late September. Bring: shoes with a heel strap or closed toe, warm weather river clothes (tank top, short sleeve shirt, shorts), cooler weather clothes (thermals/long underwear, jacket, thicker socks, beanie), camp clothes to change into (optional), rain gear, water bottle with a carabiner to attach to the boat, hat/visor, sunscreen/lip protection, any special snacks you might need.



The Moab daily overnighter is an amazing introduction to multi-day river trips. Backlit by breathtaking views, the river offers splashy rapids and mellow swimming. Guests can expect environmental interpretation from professional guides, tasty food, and ample time to enjoy a beautiful environment right in our backyard.

RSVP to grandareamentoring@gmail.com

We can send forms to you. Registration and liability forms are due **no later than Friday, September 23rd**!

- Registration form – This covers medical, dietary, A/H/W, and emergency contact info
- Release - Liability form that all rafters (and youth's legal guardians) must complete
- Guardian Medical Release - Required for any youth 18 and under to raft without their parent/guardian present



Pro Tip! Every month, check out the calendar in your newsletter for a snapshot of upcoming events.



This Month in Mentoring

- **August 16: School begins!** Returning school-based matches, Megan will be in touch to help schedule meetings.
- **August 18, 6-9pm, Swanny Park: Pixie and The Partygrass Boys.** Community-based matches, kick off the school year by enjoying free live music.
- **August 24, 5pm: Community-Based Mentor Training.** This is for mentors who serve 6th graders and beyond. Learn program policies that allow you and your mentee to meet one-on-one throughout the Moab region. Training required one time before community-based meetings can begin. ON ZOOM!
- **September 4: Labor Day.** No school.
- **September 14/15: Parent-Teacher Conferences.** Early out Thursday, no school Friday.
- **September 26, 5pm: New Mentor Orientation.** See box on reverse. Tell your friends!
- **September 30- October 1, 2023: OARS Overnight Raft Trip!** See above.

Grand Area Mentoring

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If you have friends and family who might like to learn more about being a mentor, please cut out and share the information below!



Mentoring Idea of the Month: Visit Our Village for Free Produce and other food!

Our Village offers a free market to all interested in eating local produce! Seasonal fruits and vegetables from their farm, the Youth Garden Project, Easy Bee, and others are provided weekly on a first-come, first-served basis. Their bounty is rich at the moment with tomatoes, potatoes, radishes, chard, kale, plums, peaches, and much more!

When: Wednesdays, 4:30-6:00pm

Where: 721 North 500 West, (behind Tex's Riverways, between the red barns)

Mentors and mentees can arrange community-based and off-campus plans for this. Remember, new community-based matches in 6th grade and above must be trained and have permissions signed before leaving campus one-on-one. (A new community-based mentor training is scheduled on August 24th, via Zoom.) Our Village is also available for mentoring visits on other days/times. Contact Annie to schedule: Annie Thomas (435) 260-0294



How can you make a real difference for deserving youth in Moab?

- 100% of parents report that their children are happier since starting to meet weekly with their mentors
- 85% of mentored youth get in less trouble at school
- Kids say things like: **“Every day I think of my mentor. That’s why I be happy. I love mentoring.”** –4th grader
- **“Mentoring gave me the courage to come to school.”** –6th grader
- **“Mentoring has made me kinder, respectful, and happier.”** –5th grader

Join us for Grand Area Mentoring’s new mentor orientation. No obligation. Fall is the perfect time to learn more about Moab’s most rewarding volunteer position!

- September 26th, 5-7pm, pizza dinner provided
- Margaret Hopkin Middle School
- Call or text (435) 260-9646 or email grandareamentoring@gmail.com to register.



Abbie & Xavie



Samantha & Tyrion