

Grand Area Mentoring / 435-260-9646

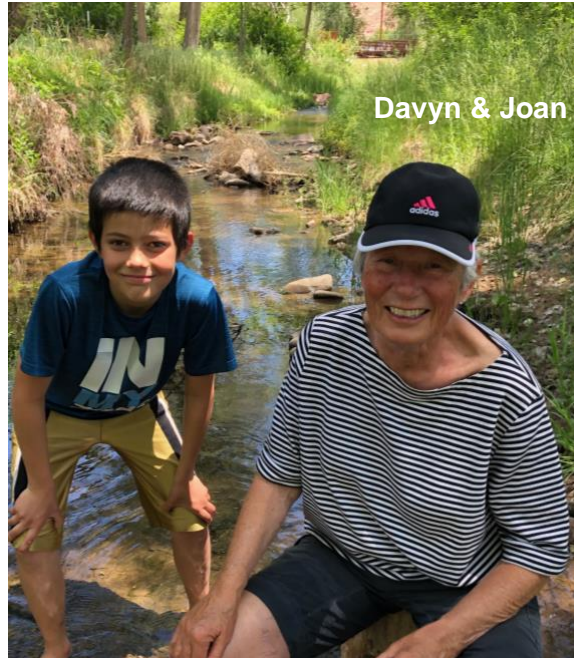
## Big Hearts

### Safety for All

Because the coronavirus pandemic continues to infect and sicken many, especially via the delta variant, Grand Area Mentoring suggests all volunteers wear masks while mentoring indoors in Grand County. If a classroom-level mask requirement or a broader mask mandate is in place where your mentee attends school, masks are obligatory for indoor mentoring. Grand Area Mentoring will keep you informed of developments. As the school year gets underway on August 19<sup>th</sup>, there will be a 30-day mask mandate in place at HMK Elementary School.

Please continue to monitor your symptoms and check in with your mentee about their health status. If either of you have any of the symptoms below, please cancel your session and get tested.

- Persistent cough
- Shortness of breath
- Fever over 100.4
- Sore throat
- Muscle aches/pain
- Decreased sense of smell/taste



### HMK Citizenship

While mentoring occurs more evenly at all Moab campuses over time, many pairs meet each week at HMK Elementary, our largest school. HMK has a schoolwide plan to encourage positive student behaviors and attitudes. This plan includes character traits to be reinforced over the course of the academic year. They are:

- Self-Control
- Perseverance
- Gratitude
- Optimism
- Enthusiasm
- Curiosity
- And Social Intelligence



You can support this existing initiative. As your mentoring relationship deepens, work the theme of citizenship into your conversations and activities. For example, you might role-model gratitude by cooperatively writing with your mentee a thank you card for a school staff member. You might help your mentee solve a problem by doing research and highlighting the fun and utility of curiosity. Or you might tell a story about when you needed to use self-control to keep yourself and others safe. Lead your mentee through a mental or practical exercise in putting these traits to use.

Additionally, classrooms can earn special awards (Great Griffins) by performing acts of responsible citizenship. Qualifying activities might include service projects at school or in the community. For example, you and your mentee might:

- Pull weeds on the HMK campus
- Sweep up rubber chips outside
- Help a custodian
- Remove scuffs from the tile floors
- Pick up trash on the parkway

Plan an activity that your mentee would enjoy and talk to their teacher beforehand. Ask if your mentoring project could qualify for a Mini Griffin in the class's efforts to earn a Great Griffin. Although the activity is worthwhile in itself, it might also elevate your mentee's self-efficacy and social standing in the classroom.



### This Month in Mentoring

- **August 19: School resumes.** Megan will help schedule mentors serving students in grades 1 to 6. Mentors serving grades 7 and up, please schedule community-based meetings as soon as possible.
- **September 30: Mid-Term Conferences. HMK no school, 7-12 early out.**
- **October 1: Mid-Term Conferences. No school.**
- **September 30, 5-7pm: New Mentor Orientation.** Tell your friends. Deserving children on our wait-list need mentors for guidance and encouragement. Dinner included. RSVP: 435-260-9646
- **October 7, 5-6, HMK Elementary School Room 141: Creating Mentee Incentive Programs.** You'll get pizza, a manual, and a chance to hear about examples. See reverse for more.

## Grand Area Mentoring

### Mail:

Grand Area Mentoring  
264 South 400 East  
Moab, Utah 84532

### Phone:

Daniel 435-260-9646  
Megan 435-260-9645

### Email:

grandareamentoring@gmail.com

### Web:

www.grandschools.org/mentor  
facebook.com/grandareamentoring

More  
Our Village  
pics below!



## Mentoring Idea: Connect with animals, earth, and community! ([www.ourvillagemoab.org](http://www.ourvillagemoab.org))

Our Village Moab is a nonprofit learning farm on the west side of Moab at 721 North 500 West, only an 9-minute walk from HMK. Mentors and mentees can tour the farm, interact with animals, and even assume caretaking duties.

**Liability:** Mentors and guardians must complete a waiver to participate in farm activities. Plan to bring signed forms with you. They're good for the academic year.

**Activities:** Spend time with the animals, which include a horse (Carmella), four goats, a flock of hens, a turkey, and a rooster. Check out the giant pumpkin growing under the hoop house. Eat snacks, catch up, and relax at the picnic tables. Tour the educational apiary (beehives) with Annie (or possibly with Jerry Shue). Become a regular animal steward who visits weekly, bi-monthly, or monthly to feed, water, love, and care for animals.

**Contact** Annie Thomas to plan your visit. At least during your first time, she will collect your waivers, train you, and give you a tour. For animal stewardship posts, she can provide additional prep. Call Annie at (435) 260-0294 or email [ourvillagemoab@gmail.com](mailto:ourvillagemoab@gmail.com). Thank you to Our Village Moab!



## Mentor Training: How to Create an Incentive Program for your Mentee (plus pizza dinner, **RSVP appreciated**)

Please join us to learn about this enhancement for solidly established mentoring relationships. Incentive programs can provide the motivation for students to cultivate healthy habits and behaviors. With your guidance and encouragement, your mentee can grow and mature in whatever unique area is appropriate to them, such as:

- Attendance
- Manners
- Gratitude
- Academics
- Follow-through
- Interpersonal skills
- Communication

### **Incentive Program Training**

**When:** October 7<sup>th</sup>, 5-6pm

**Where:** HMK Elementary School Room 141

**Who:** Mentors and school/youth program staff

**RSVP** (manual and pizza count) – email [grandareamentoring@gmail.com](mailto:grandareamentoring@gmail.com)

We provide the manual, training, and incentives. You offer the opportunity for your mentee to earn things they really want and need – stuff like clothing, shoes, backpacks, school supplies, games, toys, gift cards to local businesses, and more. (Special thanks to Karen Schlom and the City of Moab for organizing and funding this program.)

You'll walk away from the training with a manual in hand, having toured Grand Area Mentoring's incentive store, and with knowledge about plans that have worked before.

RSVP appreciated (so we know how many manuals to print and pizzas to order!), email: [grandareamentoring@gmail.com](mailto:grandareamentoring@gmail.com)