

## Our New Horizon

### Innovation in Mentoring



**IMPORTANT:** In 2018, Grand Area Mentoring will roll out community-based mentoring at the middle school and high school. This means middle school and high school students will be permitted to meet with their mentors one-on-one at approved sites throughout Moab!

This is a big step. *All mentors and students participating in the new program must be trained on the rules and regulations.* Megan will train the students, and we will offer training to mentors on August 29<sup>th</sup>, 5pm. Please join us to learn how to reach adolescents with this exciting new opportunity.

**Who:** MIDDLE & HIGH SCHOOL MENTORS

**When:** August 29, 5pm

**Where:** HMK Elementary School Room 141



### Cultural Awareness and Sensitivity Training w/ MVMC

*While mentoring, you will inevitably encounter mentors and students with different cultural & ethnic backgrounds.*

*If you are unprepared, unconscious bias may affect your attitudes and actions while interacting with them.*

In this workshop, Moab Valley Multicultural Center staff will teach communication skills, explain some of the cultural and family norms we're most likely to encounter here in Moab, and help us understand and identify unconscious bias. Please join us!

**When:** September 12, 4:30-5:30

**Where:** HMK Elementary School Room 141

## ALL ABOARD!



### Don't miss our annual OARS raft trip!

**Who:** Mentors and mentees (limit 12 pairs)

**What:** We will run a section of the Daily.

**When:** September 15<sup>th</sup> (Noon-5PM). ← **NEW DATE!**

**Where:** OARS warehouse (2540 S Hwy 191)

Call and talk with your mentee (and his/her parent!) about participating. Parents must sign a waiver. Students should eat lunch at home, and bring water bottle, extra clothes, sunblock.

**RSVP required.** Call 260-9646 or email. **Hard deadline September 7<sup>th</sup> to sign up, no exceptions.** Info: [grandareamentoring@gmail.com](mailto:grandareamentoring@gmail.com)



### This Month in Mentoring

- **August 29, 5pm, HMK: Community-based mentor training for middle school and high school mentors.** See above left.
- **September 12, 4:30-5:30pm, HMK Mentor Room: Cultural Awareness & Sensitivity with MVMC.** See box at left for more.
- **September 15, OARS Rafting.** See above.
- **September 27-28: Mid-Term Conferences.** No mentoring.



## Grand Area Mentoring

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### Idea of the month: Be Thankful!

Gratitude is the best attitude! ☺

Gratitude practice can have many benefits for all. This year, mentors and mentees will have the opportunity to practice appreciation and care in new ways. Complete Grand Area Mentoring's gratitude checklist, which will be made available in September. A mentee prize will be associated with its completion. More details forthcoming. Thanks to Hop for the idea!



### 2018/2019 Kickoff Gallery

