

May We Thrive

Mentoring Idea: See STARS!

Join us for an evening of star gazing (weather permitting), led by experts who will train their telescopes on celestial objects and talk to us about the cosmos! Unlike our universe, space is limited in this outing to 6 matches! Sign up soon.

When: May 10, 8-10:30pm

Who: Up to 6 community-based matches

Where: Meet at tennis courts for carpooling

Please RSVP: munisterit@grandschools.org



Mentoring Idea: Weed n Feed!

Mentors and mentees of all ages are invited to help cook a meal or get down in the dirt and weed at YPG for their bi-monthly volunteer event. GCSD's wonderful Cat Vasquez will guide us in the kitchen. Weeding starts at 6pm with dinner afterwards. If you would like to help cook, we will start earlier. Also, mentors are welcome even if your mentee cannot make it. Invite your friends. Many hands make easy work in the garden.



When: May 1st, after school to help cook or 6pm for weeding. Meet at the Youth Garden Project.

Please RSVP: munisterit@grandschools.org



This Month in Mentoring

- May 1, 3-7:30pm: **Weed n Feed @ YGP!** Join us to make a meal for the volunteers or to weed and eat!
- May 3rd, 5-8pm: **Moab Art Walk**
- Sunday, May 5th, 11am-4pm: **Thrive Moab Health and Wellness Fair @ Swanny Park.** Grand Area Mentoring will have a booth! Stop by and share some thoughts about mentoring with the community and learn ways to improve your overall wellbeing. Do yoga in the park or take part in the wellness challenge for a chance to win raffle prizes.
- May 10, 8-10:30pm: **Star Party** with Friends of Arches and Canyonlands. See box above for more.
- May 10 at Swanny Park: **Dante's Peak film screening.** Talk @ 8pm: Your Jeep Can't Actually Outrun a Pyroclastic Cloud with Dr. Ort, Volcanologist. Movie @ 8:30pm.
- May 15, 6:30-8pm: **End-of-Year Celebration!** Join for an ice cream and lawn game party! (See reverse.)
- May 16, 3-6:30pm: **Stand Up Paddle Boarding** with Paddle Moab! See reverse for more.
- May 17: **Last day of school-based mentoring.**

Pro Tip! One of the most enduring sources of happiness is being part of a community! Please join us Sunday!



Grand Area Mentoring

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Year-End Mentoring Celebration!

Please join us at Lions Park to celebrate a wonderful year in mentoring. We'll enjoy ice cream, bouldering, lawn games, and making summer plans!

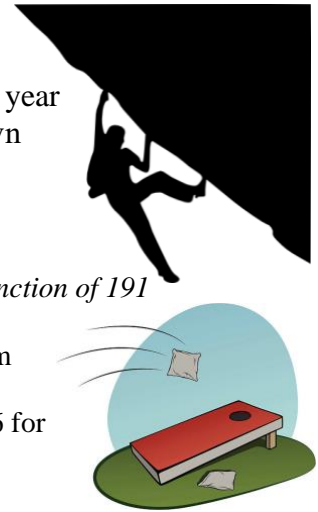
When: May 15th, 6:30-8:00PM

Who: Mentors, mentees, and families

Where: Lions Park / Moab Boulder Park (Junction of 191 and UT-128)

What: Bouldering, lawn games, and ice cream party!

Why: Close an awesome year! Call 260-9646 for info.



Sandy & Khloe



Michele & Dash



Darian & Lauralee

Mentoring Idea: SUP Moab!?

End the school year with a splash! Get on the water with Paddle Moab. Stand up paddleboarding is a fun, chill way to celebrate the start of summer with your mentee. This is open to middle school and high school mentees and their mentors.



When: Thursday, May 16th 2:45-6:30pm

Where: Meet by the tennis courts after school.

To Bring: Wear clothing and shoes that can get wet! Bring a water bottle, and don't forget your sunscreen.

Mentoring Idea: Make a Mother's Day Card!

Help your mentee make a card or gift that he/she can bring home for May 12th. Maybe do an acrostic message. Ask your mentee to attach some kind adjectives or phrases to these letters:

M _____
O _____
T _____
H _____
E _____
R _____



This is an opportunity to put thought into a personalized message that will strengthen a relationship at home.