

May 2023

Volume XVIII, Issue 9

Epic, Moab's Mentor Newsletter

Grand Area Mentoring • (435) 260-9646

Strength-Based Crescendo



Special event
for mentors
AND
mentees!

Mentor/Mentee Strength-Based Extravaganza with Charlie Appelstein!

Charlie is the trauma-informed, strength-based guru Grand Area Mentoring has consulted for over 15 years. This special event will feature humor, games, and powerful messages for our mentees!

If you've seen Charlie before, you know he's dynamic, funny, and knowledgeable. All mentees may attend, but this will be especially relevant for youth 10 years of age and up.

When: May 10th, 3:15-5:15pm (please note the later end time!)

Where: Meet at HMK Elementary, Rm 141

Who: Open to all mentors & mentees. If your mentee can't join us, you're still welcome!

By: Charlie Appelstein, MSW

RSVP: grandareamentoring@gmail.com by May 3rd



This Month in Mentoring

- **May 4: One Day in May Online Fundraiser!**
- **May 10: Charlie Appelstein Mentor/Mentee Teambuilding Afternoon!** You remember Charlie from his video segment during your orientation, right? The funny guy with the mustache and huge heart?! Well, he's coming to Moab in May! We're going to work with him in person, and that's not all! Mentees are invited too! This will be a special group activity where we'll learn, play, and employ teamwork! Don't miss it! See box above. Please RSVP by May 3 to grandareamentoring@gmail.com.
- **May 24, 6:30-8:00: End-of-Year Celebration!** Join us for ice cream, lawn games, and bouldering at Lions Park! This is open to mentors and partners, mentees, and families. Let's mark a great year in mentoring! See reverse for more.
- **May 26: Last day of mentoring.**
- **June 2: Last day of school.** Summer break begins! Your summer newsletter will cover opportunities to meet in June, July, and August.



Nathan & Cody



Jeremy and Jacob (playing the new HMK Pop Darts game on a whiteboard!)

Grand Area Mentoring

Mail:

Grand Area Mentoring
264 South 400 East
Moab, Utah 84532

Phone/Text:

Daniel (435) 260-9646
Megan (435) 260-9645

Email:

grandareamentoring@gmail.com

Web:

www.grandmentoring.org
facebook.com/grandareamentoring

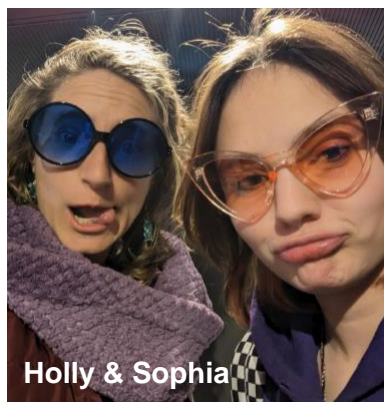
The ceramics workshop was a hit! >>
Mentors and mentees sculpted masks
week 1, then painted them in week 2.
Thanks to Gee, Joanne, Teresa, and Liz!



Maecie & Katie



Alyssa & Kailee



Holly & Sophia

Year-End Mentoring Celebration!

Please join us at Lions Park to celebrate a wonderful year in mentoring. We'll enjoy ice cream, bouldering, lawn games, and making summer plans!



When: May 24th, 6:30-8:00PM

Who: Mentors, mentees, and families

Where: Lions Park / Moab Boulder Park (Junction of 191 and UT-128)

What: Bouldering, lawn games, and ice cream party!

Why: Close an awesome year! Call 260-9646 for info.



One Day in May! May 4th

Tell your friends about **One Day in May**, 24 hours of gratitude for all that mentoring accomplishes. After all, every good life starts with mentoring!

By sharing and contributing to this campaign, citizens and businesses will help Grand Area Mentoring provide activity materials and conduct background checks.

For example:

- 1 basketball = \$16
- 1 board game = \$25
- 1 mentor background check = \$37
- 1 site's annual paper supply = \$75
- 1 site's annual paint supply = \$100

To donate, go to:

www.grandmentoring.org/support

Mentoring Idea #1: Make a Mother's Day Card!

Help your mentee make a card or gift that he/she can bring home for May 14th. Maybe do an acrostic message. Ask your mentee to attach some kind adjectives or phrases to these letters:

M _____
O _____
T _____
H _____
E _____
R _____



This is an opportunity to put thought into a personalized message that will strengthen a relationship at home.

Idea of the month #2: FroYo at MOYO!

It took a while, but spring has finally brought warmth and sun to Moab! This is a great time to walk to MOYO for a cool treat! Monitor your mentee's serving of ice cream; the ounces add up fa\$t!

