## Epic, Moab's Mentor Newsletter

Grand Area Mentoring • (435) 260-9646

## Seed, Water, Grow

Live Advanced Mentor Training:

## Facilitating Attuned Interactions Part 2

w/ Dr. Julia Pryce

**When:** April 11, 5-6pm

Where: Zoom; look on email for link

In this session, Dr. Pryce will briefly review the concept of attunement and the Mentoring FAN, as



discussed during session 1. She will then unpack the elements of attunement. Participants will practice strategies together as they work to hone skills critical in building strong relationships with young people.

Part 1 was amazing! Part 2 promises to offer more critical mentoring advice! Don't miss this live training with Dr. Pryce, Loyola University's national leader in the field of youth mentoring!



### Mentoring Idea: Climb Moab!

April 25th, 2:35-5pm: Take your mentee to new heights at Climb Moab, Moab's indoor climbing gym! On this afternoon, community-based matches (grades 6



and up) are invited to climb for free. Climb Moab is in the Moab Business Park. Digital waivers are available online. Please go to their website and watch the short intro video.

https://www.climbmoabgym.com/first-visit.

<u>LOCATION</u>: Meet at the tennis courts after school for carpooling!

<u>RSVP</u> required: <u>munisterit@grandschools.org</u>





### This Month in Mentoring

o March 23-April 1: Spring Break!

Part 2. See box at left for more.

o April 2: Staff Development. No school.



- April 11, 5-6pm via Zoom: Facilitating Attuned Interactions Part 2 Live Training with Julia Pryce. Don't miss this! Even if you didn't make Part 1, which was awesome, you can still join for
- April 13, 11am-3pm: Wabi Hobby: Make crafts, support local artists, and listen to live music in the WabiSabi Parking Lot!
- o April 25, 2:35-5pm: **Climb Moab!** If you can't make the group event, coordinate another date to visit the gym with Teresa. See box at left.
- o April 27, **Moab Rotary Car Show** @ Swanny
- O May 1, 3-7:30pm: Weed n Feed @ YGP! Join us to make a meal for the volunteers or to weed and eat! See reverse for more!
- o May 2: One Day in May Online Fundraiser!
- o May 3rd, 5-8pm: Moab ArtWalk
- o May 10, 8-10:30pm: **Star Party** with Friends of Arches and Canyonlands. See reverse for more.
- o May 15, 6:30-8pm: End-of-Year Celebration!
- o May 16, 3-6:30pm: **Stand Up Paddle Boarding** with Paddle Moab! See reverse for more.

# **Grand Area Mentoring**

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#### Mentoring Idea: Weed n Feed!

Mentors and mentees of all ages are invited to help cook a meal or get down in the dirt and weed at YPG for their bi-monthly volunteer event. GCSD's wonderful Cat Vasquez will guide us in the kitchen. Weeding starts at 6pm with dinner afterwards. If you would like to help cook, we will start earlier. Also, mentors are welcome even if your mentee cannot make it. Invite your friends. Many hands make easy work in the garden.

When: May 1<sup>st</sup>, after school to help cook or 6pm for weeding. Meet at the Youth Garden Project.

Please RSVP: munisterit@grandschools.org









## Mentoring Idea: See the STARS!

Join us for an evening of star gazing (weather permitting), led by experts who will train their telescopes on celestial objects and talk to us about

the cosmos! Unlike our universe, space is limited in this outing to 6 matches! Sign up soon.

When: May 10, 8-10:30pm

<u>Who</u>: Up to 6 community-based matches

Where: Meet at tennis courts for carpooling

Please RSVP: munisterit@grandschools.org



### Mentoring Idea: SUP Moab!

End the school year with a splash! Get on the water with Paddle Moab. Stand up paddleboarding is a fun, chill way to celebrate the start of summer with your mentee. This is open to middle school and high school mentees and their mentors.



When: Thursday, May 16th 2:45-6:30pm

Where: Meet by the tennis courts after school.

<u>To Bring</u>: Wear clothing and shoes that can get wet! Bring a water bottle, and don't forget your sunscreen.