

April 2023

Volume XVIII, Issue 8

Epic, Moab's Mentor Newsletter

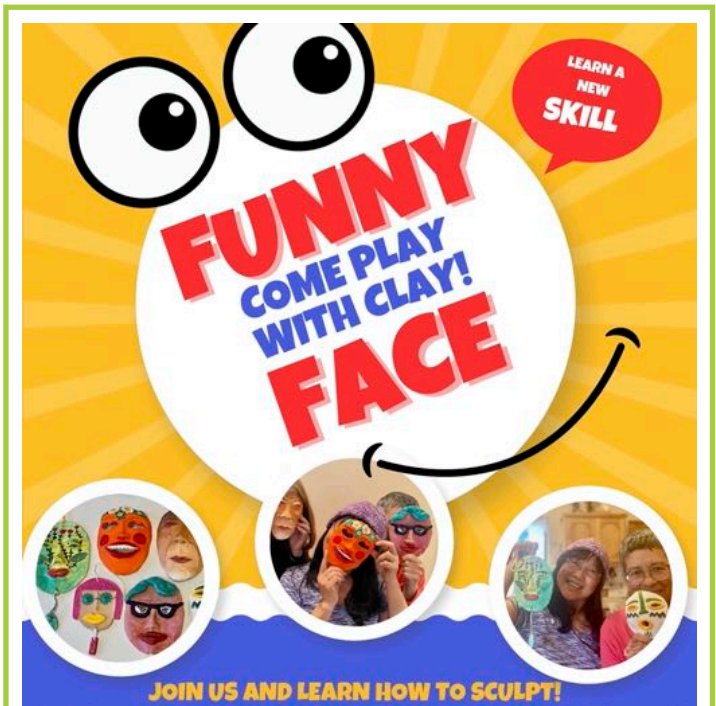
Grand Area Mentoring • (435) 260-9646

Check In, Charge Up



Why the new name on my newsletter?

Our word **mentor** comes from the ancient Greek epic, *The Odyssey*. Every day a mentor and mentee meets, it's an opportunity to learn, grow, and move bit by bit toward a promising, epic future for our mentees. Let's sail!



This Month in Mentoring

- April 3-7: Spring Break. No School.
- April 11, 3:15-4:15, HMK Room 141: **Play with Clay Event!** What better way to bond than sculpting each other's faces? Or laughing as you bring your imagination to life through the tactile medium of clay! Open to mentors and mentees of all ages. See box at right for more! Please RSVP to grandareamentoring@gmail.com by April 5th.
- April 20/21: **Mid-Term Conferences.** No school or early out. Check your mentee's schedule.
- **May 10: Charlie Appelstein Mentor/Mentee Teambuilding Afternoon!** You remember Charlie from his video segment during your orientation, right? The funny guy with the mustache and huge heart?! Well, he's coming to Moab in May! We're going to work with him in person, and that's not all! Mentees are invited too! This will be a special group activity where we'll learn, play, and employ teamwork! Don't miss it! Please RSVP by May 3 to grandareamentoring@gmail.com.

Play with Clay!

Mentors and mentees are invited to HMK for this hour of fun and learning with local ceramic artists. We're going to get messy and creative, making sculptures and masks and other cool things only you can dream up! During the hour, mentors and mentees can sculpt and experiment. Later, Gee, Teresa, and Joanne will take our creations to their kiln for firing. The following week, we can paint and decorate in our own time.

Event Details:

When: [April 11th, 3:15-4:15pm](#)

Where: HMK Elementary School Room 141

Who: [Open to all mentors & mentees! Plan ahead!](#)

RSVP: by April 5th to grandareamentoring@gmail.com

Sponsored by: Moab artists Gee Wirt, Teresa Herd, and Joanne Savoie. Big thanks to them!

Grand Area Mentoring

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Mentor/Mentee Teambuilding and Strength-Based Extravaganza with Charlie Appelstein!

That's right! Charlie is coming to town to work with YOU, the mentors and mentees of Moab! Details are forthcoming, but you can expect this event to be packed with learning (for mentors *and* mentees), new activities, and laughs! Charlie is the trauma-informed, strength-based guru Grand Area Mentoring has consulted for over 15 years for guidance and direction. Now he's bringing his message straight to mentoring pairs as they build trust, communication, growth, and care in their relationships. He's creating a special two-hour event just for us. We'll meet at HMK and embark on a journey with him.

Note that this will run past the normal end time of 4:15 for HMK pairs, finishing instead at 5:15pm. Please make alternate pickup arrangements with your mentee's family, if necessary. If you've seen Charlie before, you know he's dynamic, funny, and knowledgeable.

All mentees may attend, but this will be especially relevant for youth 12 years old and up. What better way to prepare for the mentoring break of summer!?! Even if your mentee can't make it, we would love for you to join us!

Extravaganza Details:

When: May 10th, 3:15-5:15pm (please note the later end time!)

Where: Meet at HMK Elementary School Room 141

Who: Open to all mentors & mentees (especially students 10 and up)!

By: Charlie Appelstein, MSW



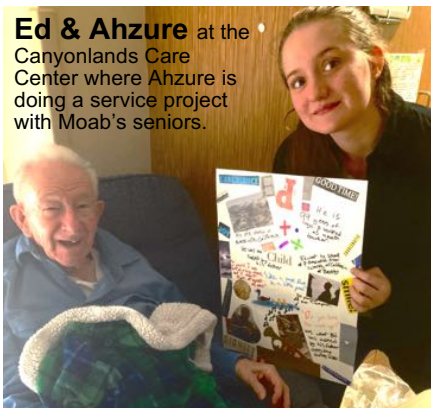
Aliester & Jeff



Tyrion & Samantha



Gatlin & Duncan



Ed & Ahzure at the Canyonlands Care Center where Ahzure is doing a service project with Moab's seniors.

Idea of the month #1: Play Found It (at HMK)!

Found it! is an exciting twist on a scavenger hunt. It helps children learn as they 'search & find' objects around the house based on interesting prompts. Players must shout "Found it!" when they get their hands on the object. Be the first one to win 7 game cards! Covers phonological awareness, measurements & opposites, numbers and counting, and more!



Idea of the month #2: Marble Run (at HMK)!

Try Grand Area Mentoring's new **glow in the dark** marble run! This 80-piece set will have your mentee laying down labyrinthine tracks through which marbles can cruise! Encourages spatial awareness, creativity, and basic engineering.

