

GrandAM April Newsletter

Grand Area Mentoring / 435-260-9646

A Spring of Opportunity

New Match Gallery!



Dominick & Joan



Karen & Natayla

A Free Book for Your Mentee!

Back of Beyond and Desert West Office Supply have created a generous new program that will provide free books to GrandAM mentees over the course of a year! This is a program designed to spread the love of reading and the benefits of literacy to our community's promising youngsters. For many of our mentees, this will be a rare opportunity to choose a book at their reading level and area of interest – whether that's middle-grade, graphic novels, young adult, or picture books. Back of Beyond has a great selection of titles for all ages and interests.



How it works...

1) To participate in the mentee book program, mentors must pick up a book voucher at the Grand Area Mentoring office. They look like this →



2) Once issued by Dan or Megan, these vouchers are good for book(s) at Back of Beyond, valued up to \$15. Then mentors and students can plan an off-campus outing to the bookstore with another match. Tell Megan when your plan is complete. Call or text her at: 435-260-9646.

3) During your off-campus outing, carefully venture down to Back of Beyond and browse their awesome selection. Don't forget to bring the voucher, which must be turned in for redemption. Help your mentee look around at the various sections of the store. Explain the difference between fiction and non-fiction. Ask about her favorite things to read. Help her spend the \$15 wisely.

Whatever books you help your mentee choose will be his to take home, to own – no catches, no obligations. He can read and re-read it and put it on a shelf as a reminder of the fun to be had in the world of books. If this program succeeds, Back of Beyond owner Andy Nettle has suggested that a new round of vouchers might be issued in the future. Let's help our kids have fun with books!

Spring is the perfect time to do something new and spread the gift of literacy. These vouchers expire June 30, 2015. Don't miss out on this awesome opportunity! Plan today.



This Month in Mentoring

- **March 30-April 3: Spring Break.** No school. No mentoring.
- **April 9, 4:30, HMK Room 141: Mental health awareness training** for mentors with Holly Long of Four Corners. The presentation will cover different types of mental health issues as well as “red flags” and symptoms to alert possibility of a concern. It will be a brief overview of the internalizing, externalizing, and combined disorders with which children often struggle. This will be awesome! Pizza will be served! (See reverse.)
- **April 16-17: Mid-Term Conferences.** Early out/no school. No mentoring.

Grand Area Mentoring

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One in four people has a **mental illness**.
You can be the **one** that helps.

Mental Health Awareness Training for Mentors, Faculty, and Staff

When: April 9, 4:30pm

Where: HMK Room 141

Who: Grand Area Mentoring volunteers, Beacon volunteers and staff, GCSD faculty and staff

To be covered: Holly Long of Four Corners will cover different types of mental health issues as well as “red flags” and symptoms to alert possibility of a concern. It will be a brief overview of the internalizing, externalizing, and combined disorders with which children often struggle.

Come for the great information. Come to see fellow mentors and school staff. Come for the pizza!

New Match Gallery continued...



Idea of the Month: Mother's Day Picture Frames!

Mother's Day will take place May 10th, which gives you ample time to work on a gift for your mentee to bring home for his/her mother. Strengthening that bond will only help your mentee as time goes by. This is a great way to support a student's most important asset – the parent-child relationship.



How it works...

- 1) Drop by the Grand Area Mentoring office to pick up a picture frame. **SUPPLIES ARE LIMITED.** If you are sure your mentee wants to do this, please stop by soon.
- 2) Take a photo of your child. Print it out in the appropriate size. You can also decorate the picture and add a nice message to the image. Help your mentee complete the package with a note to your mentee's mother. Consider including a poem or quote.



*I believe in love at
first sight
because I have been
loving my mother
since I opened my eyes.*

*When I think of those I
know and love
I can't think of one you
don't tower above.
You are better by far than
all the rest.
These four words say it
all: Mom, you're the best.*