

Grand Area Mentoring / 435-260-9646

## Great Year, Great Yield

Cullen & Christopher



### *This Month in Mentoring*

- **Dec 18-Jan 2: Holiday Break.** No School.
- **January 2022: National Mentoring Month!**
- **January 12, 5-6pm, Hop Middle School: Mentor Roundtable and Celebration.** Join us for a gift and a chat. Talk with fellow mentors who who need to hear about your experiences. Listen for pointers from others. Each participant will receive a \$10 City Market gift card and be among the first to receive a special gift of thanks from the program. Social distancing will be practiced. See info at right for more.
- **January 17: Martin Luther King Jr. Day.** No school.
- **January 20-21: Mid-Term Conferences.** Early out Thursday. No school Friday.
- **January 27, 5-7pm: New Mentor Orientation!** Tell your friends and family. This will cover everything they need to know to help change a life right here in Moab. Pizza dinner will be served. RSVP required. Call or email to register: 435-260-9646 • grandareamentoring@gmail.com

### Mentor Roundtable Discussion

with **GIFTS & FOOD!**

January 12<sup>th</sup>

5-6pm

Hopkin Middle School



Come on down to the Hop (middle school behind City Market) to celebrate National Mentoring Month with mentors and program staff! For just showing up, you'll get:

- A \$10 gift card to City Market!
- A generous spread of food, including cookies, cake, cheese and crackers, pudding, dips, pies, veggies, chips, flavored seltzers, and more! (Put off dinner for an hour and snack with us!)
- First dibs on a thank you gift for mentors!

While enjoying food and drink, we will bask in the camaraderie of like-minded folks. **Have you ever wondered how to connect with other mentors? This is the way!** These roundtable discussions are a great place to:

- meet kind new people
- hear about the successes achieved by your fellow mentors
- learn creative solutions to common (or unique) problems
- and share your advice and observations.

Covid protocols will be encouraged, which include social distancing around the cafeteria tables, wearing a mask when not eating, and sanitizing hands before serving food. Can't wait to start 2022 on the right foot together! Thank you to Moab's mentors for making a difference in the lives of our promising children!

### A Mentoring Relationship to Admire – Maya Angelou and Oprah Winfrey



Oprah said, 'Maya was there for me always, guiding me through some of the most important years of my life. Mentors are important, and I don't think anybody makes it in the world without some form of mentorship.'

## Grand Area Mentoring

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## Mentoring Idea of the Month #1: Social-Emotional Learning and Relationship Building Discussion Prompts

Ask questions and really listen to the answers. Share your answers too. Take notes. Dig a little deeper and gently ask your mentee WHY?



>> Do you have a vision for the person you want to become?



>> How do you measure your success at school? What does it mean to "do well in school"?



>> How do you help your friends feel more positive about themselves?



>> What are some characteristics of a great teacher?



>> Think of someone who is supportive when you have a problem. What does that person do to help you?

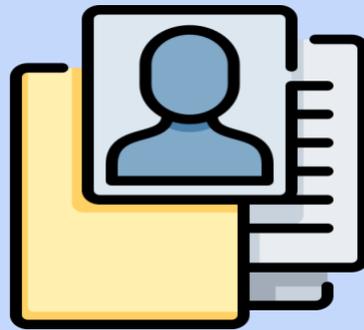


>> Can you share an example of a time you took personal responsibility for something you did?



>> Who is one of your heroes? What makes that person your hero?

## Mentoring Idea of the Month #2: Put together a mentor profile.



Who has been a mentor in your life? Think back to the people around you while growing up. Who encouraged you? Who served as an advocate and shoulder to lean on? Find a picture of that person. Add it to a profile that shares appropriate details about your relationship, illuminating a mentor in your life.

Seeing you look up to a person can help your mentee begin to think about the people in their life, to think about who they want to be like, to perhaps identify natural mentors outside of your formal mentoring relationship. This is an essential skill for children to develop. You won't always be there for them. And they may need the expertise of a specialist.

This could be a short 5- or 10-minute discussion at the beginning of a mentoring session. Just have fun talking about someone who is important to you. It might just lead to an ongoing conversation about what makes a good life.



Mimi & Johnathin



Victoria & Jane



Miyoshi & BriNiya



Xander & Jack