

Grand Area Mentoring • (435) 260-9646

Trust & Rapport

NEW Advanced Training

Facilitating Attuned Interactions

Please join us for this live Zoom training by Dr. Julia Pryce. The session will be based on her research into theories and practices of interpersonal communication between mentors and mentees. Dr. Pryce will provide recommendations for establishing trust, connection, and rapport with youth who may otherwise guard against close ties. Such attunement can lead to long-lasting, meaningful matches and positive outcomes for mentees.

When: December 12, 5:15-6:15pm

Where: Live interactive training via Zoom (look for the link on email or ask us for it >> grandareamentoring@gmail.com)

Dr. Pryce's research focuses on school-based interventions and the role of mentors in the lives of youth. Her additional areas of scholarship include the study of mentoring programs internationally and the role of social justice in social work curricula.



Big Wheel Bonanza!

Community-based pairs are invited on an off-road adventure December 5th with Big Iron Tours!

Experience the sights of Moab like you never have before. The nearly 10-ft tall customized former military machine boasts a powerful Turbo Diesel with the comfort and safety of bucket seats and four-point harnesses. Dress warmly for this approximately 1.5-hr tour.

RSVP to munisterit@grandschools.org

When: December 5th, 2:35

Where: Meet at the tennis courts near high school

Who: Community-Based matches get first dibs. 16 spots available. Waivers required.

For more about Big Iron: <https://bigirontours.com/>



This Month in Mentoring

- **December 1: Parent-Teacher Conferences.** No school.
- **December 5, 2:35pm, meet at Tennis Courts beside Middle School: Off-Road Adventure with Big Iron Tours!** Come enjoy Moab's off-road scene! See box above.
- **December 12, 5:15-6:15, via Zoom: Facilitating Attuned Interactions.** Julia Pryce of Loyola University Chicago will present this brand new interactive webinar just for Grand Area Mentoring volunteers! Please see box above left.
- **December 13, 2:45-4:45, YGP Kitchen: Cat's Cookie Making Extravaganza!** We'll learn about YGP's kitchen, get baking tips from Cat Vasquez (Child Nutrition extraordinaire), make cookies, and enjoy some Holiday spirit! See box on reverse.
- **December 23–Jan 7: Holiday Break.** No school.



Angela & BriNaya



Elena & Susan



Erin & Odin

Grand Area Mentoring

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Meet Teresa!

Teresa Munisteri was hired thanks to a TANF grant awarded by the Utah Department of Workforce Services. She will coordinate with local businesses and agencies to offer new outings/resources for community-based mentors and mentees. Opportunities will include recreational, educational, and social events plus more local business discounts and vouchers for matches. Reach her at:



munisterit@grandschools.org

Work cell: (435) 260-2282

Additionally, in the winter months, she can help facilitate small, informal outings for community-based pairs. Have an idea for an outing? Shoot her an email!



Davyn & Balanced Rock



Miriam & Jonathan



Pro Tip! Try new things with your mentee!

Community Mentoring Idea of the Month: Cookies with Cat Vasquez, GCSD Child Nutrition Director

What says holiday spirit more than making cookies with friends in a warm space? Please join us for this fun afternoon of creativity and sweets at Youth Garden Project's kitchen.

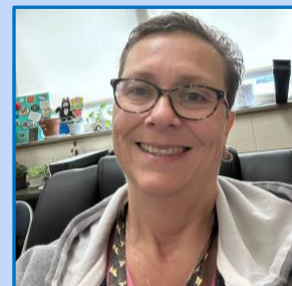
When: December 13th, 2:45-4:45

Where: Youth Garden Project Kitchen

Who: Mentors and mentees in 7th grade and up are invited to join!

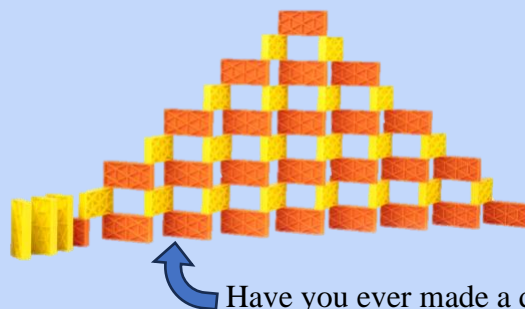
RSVP: munisterit@grandschools.org

Cat has worked in food service and healthcare for 20 years. She will share her knowledge and zest with us as we channel art toward our sweet teeth. As a Moab Sun article said, "It's a complex recipe to serve all the kids in town, but Vasquez is sure of one thing, she said — the secret ingredient is 'love.'" Please let us know if you plan to attend.



HMK Mentoring Idea of the Month: Dominoes

Create a chain reaction. Includes dominoes spinners and bridges.



Have you ever made a domino wall before??

Jeremy & Jacob

