

November
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Epic–Moab’s Mentor Newsletter

Grand Area Mentoring • (435) 260-9646

The Sweetness in You



Moesley &
Danette



This Month in Mentoring

- **November 4, 4-5: Trauma-Informed Mentoring Training Part 1 on Zoom with Kelly Vagts!** Join from the comfort of your own home or office for this video. We will screen our one-hour essential training on trauma-informed mentoring. Mark your calendar. See box on reverse.
- **November 5: 3:15-6: Hell’s Revenge Adventure Tour with High Point Hummer!** Community-based matches are invited to join for this 2-hour excursion. Waitlist only. See box above.
- **November 12, 5:15-7pm @ Middle School: New Mentor Orientation!** Tell your colleagues, and family members. The month of Thanksgiving is a great time to pass it on! (Pizza dinner provided!) RSVP: (435) 260-9646
- **November 13, 3-5:30: Moab Giants Dinosaur Adventure!** Sign up soon for this opportunity to enjoy the life-like exhibits of the earth’s dino creatures! Only 16 spots available. Open to all mentoring pairs. See box at left. RSVP with Teresa.
- **Nov 24-28: Thanksgiving Break.** No school.



Moab Giants Dinosaur Adventure: Calling all dino enthusiasts!

Date: November 13th

Time: 3:00-5:30pm

What’s happening?

Come experience the 5D Paleo Aquarium, have a run in with the life-size dinosaurs on the Dinosaur Trail, and enjoy the 3D theater adventure. All mentoring pairs welcome.

Only 16 spots available.



RSVP early with Teresa at
(435) 260-2282 or
munisterit@grandschools.org



Hell’s Revenge Hummer Tour

**for Community-
Based Matches!**

Date: November 5th

Time: 3:15-6pm

Where: Meet Teresa at designated location

The skinny: Join High Point Hummer & ATV for an exciting 2-hour hummer tour featuring visits to secluded canyons, hidden arches, prehistoric dinosaur tracks, and awe-inspiring overlooks as we ascend over petrified sand dunes to the top of the buttes surrounding Moab.

Outing is full. Waitlist only.
munisterit@grandschools.org



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**2025/2026 Mentor
Recruitment Ticker**

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New Mentors

**2025/2026 Mentoring
Heroes Ticker**

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Automatic Monthly Donors

**Trauma-Informed Mentoring (Part 1) VIDEO
PRESENTATION**

w/ Kelly Vagts

When: November 4th, 4-5pm

Where: Zoom, look for link on email

Mentors will learn what trauma is, how it affects children developmentally, why mentors should use a trauma lens, plus skills to help mentees overcome hurdles. This is mentoring gold! If you've attended already, join again. We always learn something new or are reminded of important ideas.



Anastasia
& Joyce



Briggs
& Steve

Mentoring Idea #1: Be grateful!

It's the month of Thanksgiving, an opportune moment to send cards of gratitude to people and organizations you love. Saying thank you is good for the mind, body, and heart and fosters a sense of connection.

Some ideas:

- **Thank Back of Beyond Books for their Books for Mentees program!** Write a note to David and all the staff that shares a few details about your trip to the store. What book did you choose? Why did you appreciate the visit? Mentors can deliver these notes or turn them in to Megan for delivery.



- Show appreciation to a **teacher**.
- Bring a card home to a **family member** who you love and admire and want to thank.

Card-making supplies are available at the HMK mentoring space, at Back of Beyond Books, and in Desert West Office Supply. Although the card-making part is fun and can get as fancy as you'd like, the whole idea is about making a gesture of appreciation. Saying thanks is simple.

Mentoring Idea #2: Get a treat at Coyote's!

Go to Moab's coolest new hang – Coyote's Moab Roadside Shop! – and redeem one of these vouchers for a sweet treat. Thank you to John and Teresa for this awesome opportunity!

Where? 805 North Main Street, Moab

What? Go for a walk, check out the shop, and enjoy a free cake cone!

Who? This is available to all mentors and mentees. Contact Megan to get your hands on a voucher: (435) 260-9646

