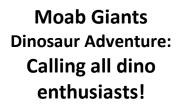


Epic-Moab's Mentor Newsletter

Grand Area Mentoring • (435) 260-9646

The Sweetness in You





<u>Date</u>: November 13th <u>Time</u>: 3:00-5:30pm What's happening?

Come experience the 5D

Paleo Aquarium, have a run in with

the life-size dinosaurs on the

Dinosaur Trail, and enjoy the 3D theater adventure.

All mentoring pairs welcome.

Only 16 spots available.

RSVP early with Teresa at (435) 260-2282 or

munisterit@grandschools.org



This Month in Mentoring

- November 4, 4-5: Trauma-Informed Mentoring
 Training Part 1 on Zoom with Kelly Vagts! Join from
 the comfort of your own home or office for this video.
 We will screen our one-hour essential training on
 trauma-informed mentoring. Mark your calendar. See
 box on reverse.
- November 5: 3:15-6: Hell's Revenge Adventure Tour with High Point Hummer! Community-based matches are invited to join for this 2-hour excursion. Waitlist only. See box above.
- November 12, 5:15-7pm @ Middle School: New Mentor Orientation! Tell your colleagues, and family members. The month of Thanksgiving is a great time to pass it on! (Pizza dinner provided!) RSVP: (435) 260-9646
- November 13, 3-5:30: Moab Giants Dinosaur Adventure! Sign up soon for this opportunity to enjoy the life-like exhibits of the earth's dino creatures! Only 16 spots available. Open to all mentoring pairs. See box at left. RSVP with Teresa.
- o Nov 24-28: Thanksgiving Break. No school.



Date: November 5th
Time: 3:15-6pm
Where: Meet Teresa at
designated location
The skinny: Join High Point
Hummer & ATV for an
exciting 2-hour hummer
tour featuring visits to
secluded canyons,
hidden arches, prehistoric
dinosaur tracks, and aweinspiring overlooks as we
ascend over petrified sand
dunes to the top of the
buttes surrounding Moab.

Outing is full. Waitlist only. munisterit@grandschools.org





Mail:

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2025/2026 Mentor Recruitment Ticker

8

New Mentors

2025/2026 Mentoring Heroes Ticker

13

Automatic Monthly Donors

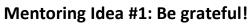
Trauma-Informed Mentoring (Part 1) VIDEO PRESENTATION

w/ Kelly Vagts

When: November 4th, 4-5pm Where: Zoom, look for link on email

Mentors will learn what trauma is, how it affects children developmentally, why mentors should use a trauma lens, plus skills to help mentees overcome hurdles. This is mentoring gold! If you've attended already, join again. We always learn

something new or are reminded of important ideas.



It's the month of Thanksgiving, an opportune moment to send cards of gratitude to people and organizations you love. Saying thank you is good for the mind, body, and heart and fosters a sense of connection.

Some ideas:

 Thank Back of Beyond Books for their Books for Mentees program! Write a note to David and all the staff that shares a few details about your trip to the store. What book did you choose? Why did you appreciate the visit? Mentors can deliver these notes or turn them in to Megan for delivery.



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 Animals

 Animals
- Show appreciation to a teacher.
- Bring a card home to a **family member** who you love and admire and want to thank.

Card-making supplies are available at the HMK mentoring space, at Back of Beyond Books, and in Desert West Office Supply. Although the card-making part is fun and can get as fancy as you'd like, the whole idea is about making a gesture of appreciation. Saying thanks is simple.

Mentoring Idea #2: Get a treat at Coyote's!

Go to Moab's coolest new hang – Coyote's Moab Roadside Shop! – and redeem one of these vouchers for a sweet treat. Thank you to John and Teresa for this awesome opportunity!

Where? 805 North Main Street, Moab

What? Go for a walk, check out the shop, and enjoy a free cake cone!

Who? This is available to all mentors and mentees. Contact Megan to get your hands on a voucher: (435) 260-9646

